

The Companion Pack

*Print-ready client forms and working sheets that pair with your book.
Print what you need, as many as you need.*

INSIDE THIS PACK

- 1 Consent & Patch-Test Form (fillable)**
One per new client. Type it or write it, sign, date, file with your records.
- 2 Aftercare Card**
Full-size + two wallet cards. She leaves with one, every time.
- 3 Lash Style Map + Eye-Shape Guide**
Nine styles by the millimetre, matched to her eye shape.
- 4 Client Map — record & plan**
Log the set you did and map the next visit.
- 5 Master Lash-Map Sheet**
Classic / Hybrid / Volume / Mega + a blank — your house styles, full size.
- 6 Month Log Sheet (60 rows)**
Extra log pages for your busiest months; feeds the dashboard in the book.
- 7 EN ↔ ES Lash Glossary**
Every term on the client pages, both languages — for you and for her.

HOW TO USE IT

Print single-sided on plain letter paper. Write your studio name at the top of the client sheets, fill the blanks (your prices, your fill window, your handles) once, then photocopy — or open the PDF and type into the consent form before printing. The forms are yours to use in your business; please don't resell the pack itself. The tracking spreadsheet (.xlsx) is a separate download on the same page.

These templates are starting points, not legal advice. Lash regulations differ by state and country — adapt every form to your local requirements before you use it with a client.

LASH EXTENSION CONSENT & PATCH-TEST FORM

Client name Date

I, the undersigned, consent to receive eyelash extension services and confirm the following:

- ☐ The procedure, products used, and aftercare requirements were explained to me, and I had the chance to ask questions.
- ☐ I received a patch test on (date):
- ☐ I declined a patch test and accept the associated risk. (tick ONE of the two patch-test lines)
- ☐ I understand possible risks include irritation, redness, watering, and — rarely — allergic reaction, and I will contact my artist promptly if symptoms appear.
- ☐ I have truthfully disclosed allergies, eye conditions, recent eye surgery, medications, and pregnancy status below.
- ☐ I agree to follow the aftercare instructions provided and understand retention depends partly on my home care.
- ☐ I understand a fill booked after weeks is charged as a new full set.

Allergies / conditions / medications / pregnancy

.....

PHOTO CONSENT (optional): ☐ YES ☐ NO

— my artist may use photos of my lashes (eyes only) for their portfolio and social media.

Client signature Date

Printed name Artist signature

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YOUR NEW LASHES — HOW TO KEEP THEM

- Keep them completely dry for the first 24 hours — steam, sweat, and crying at videos included.
- After that: rinse daily with an oil-free lash cleanser. Clean lashes hold better than “babied” dirty ones.
- Brush every morning with your spoolie. Ten seconds.
- Oil is the enemy — oil-free makeup remover, skincare, and sunscreen around the eyes.
- No mascara on extensions. It shortens their life and ruins fills.
- Sleep on your back if you can — your pillow steals lashes off the side you sleep on.
- Never pick or pull. Pulling an extension takes YOUR natural lash with it. Itchy or loose? Message me instead.
- Swelling or itching that gets worse over the first days: message me right away.

YOUR FILL SCHEDULE

Fill within 2 weeks \$ Fill at 2–3 weeks \$

After weeks = new full set

Book before you leave — the calendar is kinder than the waitlist.

Questions? WhatsApp · IG

WALLET CARD ×2 — cut on the line

YOUR NEW LASHES — HOW TO KEEP THEM

- Dry 24 h · brush daily · oil-free
- No mascara · sleep on your back
- Never pull — message me instead
- Next fill: · \$

Questions?

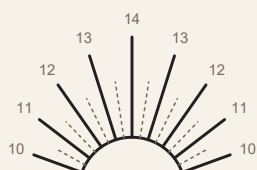
YOUR NEW LASHES — HOW TO KEEP THEM

- Dry 24 h · brush daily · oil-free
- No mascara · sleep on your back
- Never pull — message me instead
- Next fill: · \$

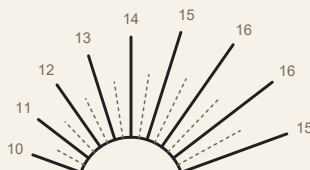
Questions?

LASH STYLE MAP

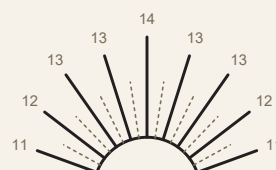
Pick a style, read the length (mm) for each spike from inner to outer, then adjust to her eye shape and natural lashes. Dotted spikes = optional top layer.



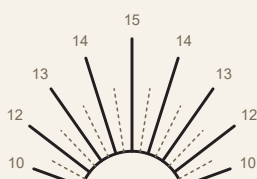
OPEN



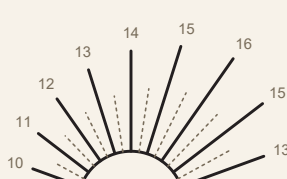
CLASSIC CAT



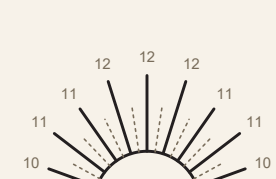
NATURAL



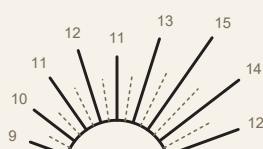
DOLL



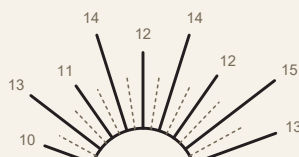
FOX



KITTEN



SQUIRREL



KIM K

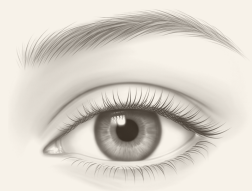


WISPY

Example lengths – a starting point, not a rule. A shorter, lighter set that lasts three weeks beats a long, heavy one that sheds in one.

EYE-SHAPE GUIDE

Find her eye shape, then use the map as a starting point — always adapt to her natural lashes and your training.



ALMOND

Balanced & versatile

LENGTH 9 · 12 · 11

CURL C · C · CC

Almost any style suits — natural, doll, or cat.



MONOLID

Flat lid, little crease

LENGTH 8 · 11 · 10

CURL D · D · D

Open and lift off the lid; keep the inner short.



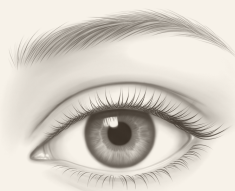
HOODED

Lid skin hides the crease

LENGTH 8 · 10 · 12

CURL CC · CC · D

Lift past the hood; put the drama in the outer third.



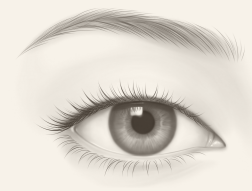
UPTURNED

Outer corner lifts

LENGTH 9 · 12 · 11

CURL C · C · C

Balance the natural lift; don't over-lift the outer.



DOWNTURNED

Outer corner drops

LENGTH 9 · 11 · 11

CURL C · CC · D

Curl up the outer to lift; keep outer length moderate.



ROUND

Large, open, circular

LENGTH 8 · 10 · 13

CURL C · C · CC

Elongate with a cat or fox; avoid round/doll maps.

Lengths (mm) and curls read inner · centre · outer. A starting point, not a rule — read her eye and her natural lashes first, and follow your training.

CLIENT MAP — RECORD & PLAN

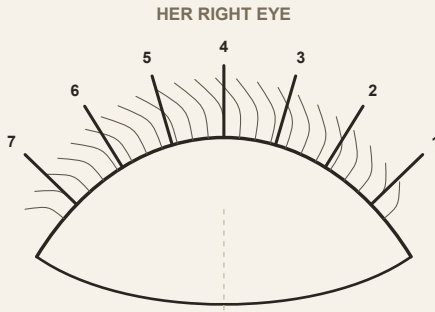
Write the length (mm) you placed in each zone — inner corner (1) out to the outer corner (7). Keep the same zone plan on both eyes and check them against each other.

Client Date

Style Curl Thickness

TODAY'S SET

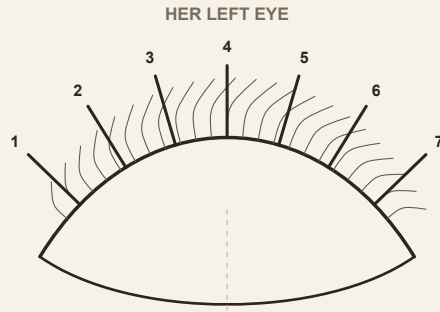
HER RIGHT EYE



length, mm

7	6	5	4	3	2	1

HER LEFT EYE

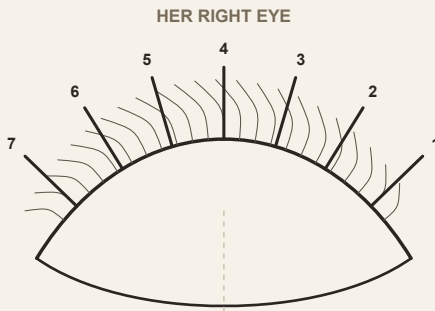


length, mm

1	2	3	4	5	6	7

NEXT VISIT — PLAN

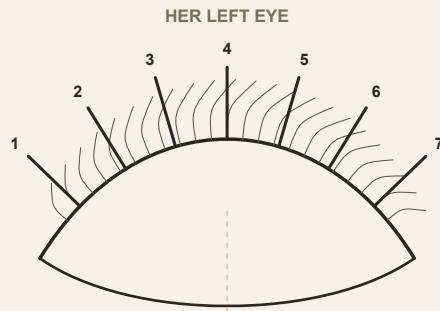
HER RIGHT EYE



length, mm

7	6	5	4	3	2	1

HER LEFT EYE



length, mm

1	2	3	4	5	6	7

LENGTH-MAP EXAMPLES (mm per zone, 1 → 7)

Open / natural 8 · 9 · 10 · 11 · 10 · 9 · 8

Cat-eye 8 · 9 · 10 · 11 · 12 · 13 · 13

Doll 9 · 10 · 12 · 13 · 12 · 10 · 9

Curl: B · C · CC · D Lengths run 6–18 mm Adhesive / lot

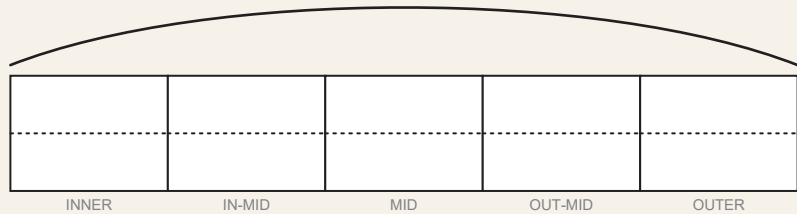
Notes

MASTER LASH MAPS – YOUR HOUSE STYLES

The same five-zone map as p13 of the book, full size. Sketch each style once (length + curl on the top line, diameter · fan on the bottom), pin it by the chair, and copy the working map onto her profile page.

CLASSIC

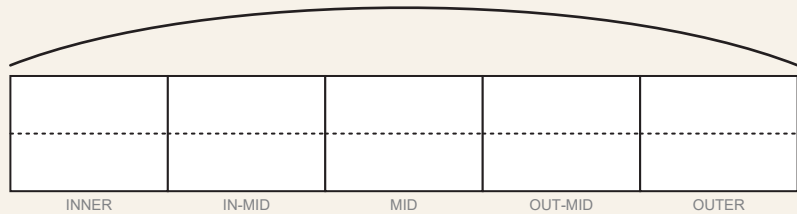
mm + curl / Ø · fan



NOTES _____

HYBRID

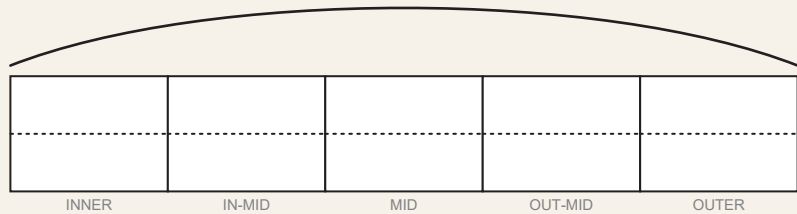
mm + curl / Ø · fan



NOTES _____

VOLUME

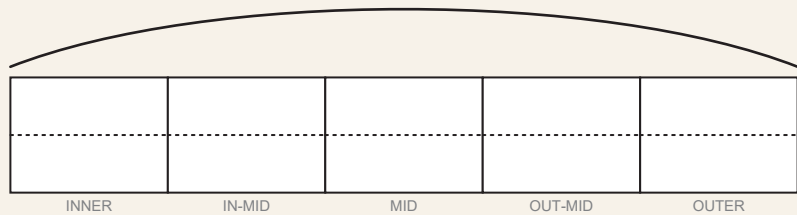
mm + curl / Ø · fan



NOTES _____

MEGA VOLUME

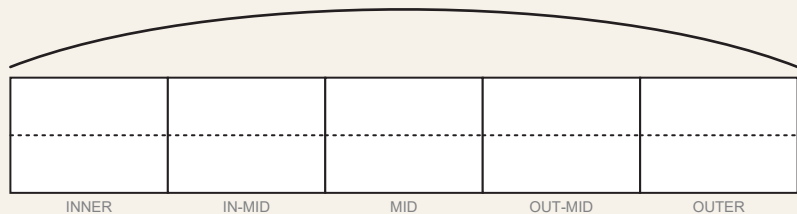
mm + curl / Ø · fan



NOTES _____

MY OWN STYLE:

mm + curl / Ø · fan



NOTES _____

MONTH LOG SHEET — MONTH 20__

The same 60-row log as Section 3 of the book, on a loose sheet — for a month that runs past row 60, or for a second book. One row per appointment; the dashboard in the book counts this sheet too.

DATE	No.	S·F·R·FF	RET 1-5	RBK Y·N	\$
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CAUSE CODES THIS SHEET:

W H O S A C M F

NEW CLIENTS: LOTS OPENED: Sheet of

EN – ES LASH GLOSSARY

Every term on the consent form, the aftercare card and the chair conversation — in both languages. Keep it with the forms; hand it to a client who wants to read the other version.

ENGLISH	ESPAÑOL
Eyelash extensions	Extensiones de pestañas
Full set	Set completo
Fill / infill	Relleno
Removal	Retiro / remoción
Foreign fill (another artist's work)	Relleno sobre trabajo ajeno
Patch test	Prueba de parche
Consent form	Formulario de consentimiento
Aftercare	Cuidados posteriores
Retention	Retención / duración
Shedding	Caída
Natural lash	Pestaña natural
Adhesive / glue	Adhesivo / pegamento
Lot number	Número de lote
Cure / curing	Curado / polimerización
Humidity	Humedad
Curl (B, C, CC, D)	Rizo / curvatura (B, C, CC, D)
Length (mm)	Largo (mm)
Thickness / diameter	Grosor / diámetro
Fan (2D–10D)	Abanico (2D–10D)
Classic · Hybrid · Volume · Mega	Clásico · Híbrido · Volumen · Mega volumen
Lash map	Mapa de pestañas / diseño
Inner · centre · outer corner	Esquina interior · centro · esquina exterior
Eye shape (hooded, monolid, round)	Forma de ojo (encapuchado, monolid, redondo)
Lash lift / lamination	Lifting / laminado de pestañas

ENGLISH	ESPAÑOL
Brow lamination	Laminado de cejas
Tint	Tinte
Spoolie / lash brush	Cepillo de pestañas (spoolie)
Oil-free cleanser	Limpiador sin aceite
Makeup remover	Desmaquillante
Mascara	Rímel / máscara de pestañas
Sleep on your back	Dormir boca arriba
Silk pillowcase	Funda de almohada de seda
Irritation	Irritación
Allergic reaction	Reacción alérgica
Swelling	Hinchazón
Itching	Picazón / comezón
Redness	Enrojecimiento
Watery eyes	Ojos llorosos
Pregnancy	Embarazo
Medication	Medicamento
Deposit	Depósito / anticipo
No-show	Inasistencia / no se presentó
Fill window (2–3 weeks)	Ventana de relleno (2–3 semanas)
Appointment / booking	Cita / reserva
Rebook	Reagendar / volver a reservar
Reminder	Recordatorio
Review	Reseña
Referral	Recomendación / referido